

Christmas In July

Pre Festival Workshop!

LOOKING FOR 10+ STUDENTS!!

Friday July 5th

Doors Open at 3pm

Uknight Training Center, Orlando FL

John & Emily

Icarian , Extra Crispy

3:30pm-5:30pm

Challenge your acroyoga practice!

Refine and expand your Icarian
and popping proficiency!

Tempo drills & dynamic transitions
between poses with complete
disconnection of base and flyer.

Zeus & Phyllis Productions

Inlocates

6:00pm-8:00pm

Want to bring your hand to hand
practice to the next level?

Whether you are just beginning your
inlocate journey or looking to refine
the skill, this workshop is for YOU!

Personalized insights and tips to
enhance your consistency.

Master your inlocate with this
technique based workshop!

THESE WORKSHOPS ARE ACCESSIBLE FOR EVERY LEVEL WITH USE OF PROGRESSIONS, APPROPRIATE SELF-ASSESSMENT, AND SAFE SPOTTING TECHNIQUES.

\$40 Each Class or \$70 for BOTH!

Venmo @ACROTOWNLLC "CIJ Prefest"

(if choosing one workshop please specify which workshop)

CONTACT US DIRECTLY IF YOU DO NOT USE VENMO!